



**FRANK SLIDE**  
INTERPRETIVE CENTRE

**Location:** Crowsnest Pass, Alberta, Canada  
**Mail:** Frank Slide Interpretive Centre,  
Box 959, Blairmore, Crowsnest Pass, Alberta  
Canada T0K 0E0

**Phone:** 403-562-7388  
In Alberta, dial toll free 310-0000  
**Fax:** 403-562-8635  
**E-mail:** info@frankslide.com

[www.frankslide.com](http://www.frankslide.com)

**Government  
of Alberta** ■

## **SLEEPOVER PROGRAM - WHAT YOU NEED TO KNOW BEFORE ARRIVING AT THE CENTRE**

### **GENERAL INFORMATION**

- Groups are permitted to bring their belongings (travel bags and sleeping gear) into the Centre once the building is closed for the day to the public. This is after 6:00 pm (July 1 - Labour Day) and 5:00 pm for the remainder of the year.
- All personal belongings must be removed from the Centre prior to eating breakfast in the morning in order for the Centre's cleaning staff to clean up prior to opening to the public.
- Student supervision and discipline are the responsibility of the group leader.
- Your group may be allotted a scheduled time to shop in the Centre's gift shop. Due to limited space in our gift shop, please assist us in permitting a maximum of eight (8) children in the gift shop at any one time.
- Program costs may be adjusted for additional programming or meal requests.
- A confirmed itinerary will be sent to you once all program components are selected.
- All groups are required to bring a cheque payable to the Minister of Finance. Alternatively, groups may pay with VISA or MasterCard upon arrival.
- If your group is visiting the Bellevue Underground Mine and/or the Crowsnest Museum, payment must be made directly to the respective organization.

### **MEALS**

- The supper meal is catered by a local restaurant. Prior to arrival, your group will have chosen either the Lasagna/Garlic Toast or the Chicken/Fries option. Salad, dessert and juice are also included with supper.
- The time for the supper meal is noted on your Itinerary.
- Chaperones are expected to assist with serving the supper meal.
- There will be an evening snack at the time noted on your itinerary.
- The sleeping areas must be cleaned up and all gear removed from the Centre prior to breakfast.
- Breakfast is self-serve and includes cold cereal with milk, toast and jam, fruit and orange juice.
- Lunch consists of a Subway 6-inch sandwich, can of pop and Subway cookies for dessert.
- Lunch can be eaten at the Centre (indoor or outdoor at picnic tables) or can be taken by the group to be eaten while traveling or at another location.

### **WHAT TO BRING**

#### **A happy smile and a good attitude!**

- Time is allotted for a movie on first evening (optional). If the group would like to watch a movie, the group leader must bring a movie (DVD or VHS format) appropriate to the age of the group.
- Dress casually and comfortably. Bring indoor footwear (in times of rain and snow).
- Bring nighttime wear: pajamas, jogging pants, boxers, T-shirts, etc. (suitable for co-ed camping).
- Bring a sleeping bag, foam pad or air mattress and pillow.
- Bring a small flashlight and a water bottle.
- Bring toiletries (facecloth and towel, toothbrush and toothpaste, comb or brush).
- Participants may wish to bring additional spending money to shop in the Centre's gift shop. Shopping will be allowed at the time stated on your itinerary.
- Bring your best manners! Be respectful of places and beings (humans and otherwise).

#### **Please do not bring:**

- *Electrical appliances such as hair dryers, shavers, curling irons, radios. Please note that the Centre has very limited capacity for overnight charging of cell phones, mp3 players, personal computers, tablets, etc.*
- *Foul or disrespectful behaviour or language.*



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## **SLEEPOVER PROGRAM - RULES AND REGULATION**

### **GENERAL**

- Smoking is permitted outside the Frank Slide Interpretive Centre only. Please put cigarette butts in the BUTT STOP container outside the main entry doors.
- All participants are responsible for keeping the Centre neat and clean.
- Food and beverages are permitted in the main foyer only.
- Children are not allowed outside the Centre without adult supervision.
- Children are not allowed outside the Centre after "lights out."

### **CHAPERONES**

**Student supervision and discipline are the responsibility of the group leader. The Frank Slide Interpretive Centre requires a minimum of one (1) adult chaperone for every eight (8) children. Teachers and supervisors must remain with their groups at all times. Please be sure parent supervisors are aware of their responsibilities as chaperones.**

- The role of every adult chaperone is to assist with childcare, meal delivery and clean up (if necessary) and to communicate individual and group needs or problems to Sleepover staff.
- Chaperones are in a supervisory role while at the Centre and other locations included in the scheduled itinerary. Frank Slide Interpretive Centre staff members are not responsible for the basic disciplinary needs of your group. Any damage caused to the Centre or surrounding area will be charged to the responsible group.
- Adult chaperones are responsible for ensuring that all areas of the Centre used by the group are clean and neat upon the group's departure.
- Unacceptable behaviour or failure to comply with the Centre's rules and regulations may result in the group being asked to leave. No refund will be made to the group in this case.
- One chaperone with the group is to be designated as the First Aid Person for the group. This person will be responsible for decisions regarding sick and/or injured participants. Any cost related to a sick and/or injured participant is the responsibility of the participant's parent or guardian and/or the group's leader.

### **ARRIVAL AND DEPARTURE**

- Planned arrival time for Sleepovers is 5:00 pm (6:00 pm July 1 - Labour Day). We try to maintain a flexible schedule and atmosphere, but **arriving late will likely result in us having to alter your scheduled activities**. Please contact the Frank Slide Interpretive Centre (403-562-7388) as soon as possible if you find your group's arrival will to be delayed.
- If your group plans to be in the area of the Frank Slide Interpretive Centre earlier in the day, there are sights and activities in our community you may wish to enjoy before coming to the Centre to begin your program. The Frank Slide Interpretive Centre staff will be happy to talk to you about available options.
- Final departure time from the Centre is usually following lunch at 12:30 pm on Day 2. However, the group will have packed up and removed all of their belongings from the Centre and stored them in your vehicle(s) prior to breakfast. We ask that chaperones make certain the bathrooms and sleeping areas are neat and clean after personal and sleeping gear has been removed.
- Lunch is the final activity prior to departure. Lunch can be eaten at the Centre (inside), at the Centre's picnic area (outside) or eaten while traveling or at another location.

PLEASE PHOTOCOPY THIS FORM: ONE ORDER SLIP PER PARTICIPANT (INCLUDING CHAPERONES AND DRIVER). ONCE COMPLETED (FOR EACH PARTICIPANT), FAX (403-562-8635) OR MAIL (FRANK SLIDE INTERPRETIVE CENTRE, P.O. BOX 959, BLAIRMORE, CROWSNEST PASS, AB TOKOEO). SLIPS (FOR EVERY PARTICIPANT) MUST BE RECEIVED AT LEAST 10 DAYS PRIOR TO GROUP'S ARRIVAL TO ENSURE THAT ORDER CAN BE COMPLETED.

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Group: \_\_\_\_\_

Name: \_\_\_\_\_  Student  Chaperone  Driver (Please check one)

**Subway Bag Lunch** (Subs are 6 inch. 12 inch Subs are available for adults, with an additional \$3.00 cost)

**Size:**  6 inch Sub  12 inch Sub (\$3.00 additional cost)

**Type of Sub:**  Cold Cut Combo  Ham  Pizza Sub  Vegetarian

*Please circle the items below that you would like to have on your Sub:*

cheese lettuce tomato pickles onions green peppers banana peppers olives mustard mayo salt & pepper

**Dessert** = 2 cookies

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